



Co-Curricular Activities/Clubs (Physical Recreation) 2023-24



Day	BOYS ACTIVITIES					GIRLS ACTIVITIES				
	Activity	Venue	Time	Year Group	Teacher in Charge	Activity	Venue	Time	Year Group	Teacher in Charge
Monday AM	Athletic Development	Fitness Suite	7:30-8:30	12-14	Mr P Campbell					
Monday PM	Athletic Development	Fitness Suite	2.10-3.15	9	Mr P Campbell	Year 8 Netball	Girls' Gym	3:30-4:45	8	Miss Cairns Miss McNeil / Mrs Linford / Miss Craig / Paul Cooke
	Athletic Development	Fitness Suite	3.30-5.00	10	Mr P Campbell	Senior Hockey	Pitches	3:30-5:00	11-14	
	Tennis*	Tennis Courts	3:30-4:45	9	Mr B Clarke	Tennis*	Tennis Courts	3:30-4:45	9	Mr B Clarke
	Cross-Country	Playground	3:30-5.00	8-14	Mr Turtle	Cross-Country	Playground	3:30-5.00	8-14	Mr Turtle
Tuesday AM	Athletic Development	Fitness Suite	7:30-8:30	11	Mr P Campbell					
Tuesday PM	Year 8 Rugby	Plateau	3.30-4.30	8	TBC	Year 8 Hockey	Pitches	3:30-5:00	8	Miss McNeil / Mrs Linford Mrs Glass / Miss Craig Mr P Campbell Miss Cairns
	Year 9 Rugby	Plateau	3:30-4:30	9	Mr S Johnston	U14 A / B Hockey	Pitches	3:30-5:00	10	
	Year 10 Rugby	Plateau	3:30-4:30	10	Mr D Ross/Mr D Baldwin					
	Senior Rugby	Plateau	3:30-5.00	12-14	Mr A Moore	Athletic Development	Fitness Suite	3.20-4.30	Senior Girls	
		Millar/McBride	3:30-5.30	Seniors	Mr J Nicholl Mr P Browne/Mr A Munce/Mr J Pedlow					
Tennis*	Tennis Courts	3.30-4.30	10-12	Mr B Clarke	Tennis*	Tennis Courts	3.30-4.30	10-12	Mr B Clarke	
Wednesday AM	Athletic Development	Fitness Suite	7:30-8:30	12-14	Mr P Campbell					
Wednesday PM	Tennis*	Tennis Courts	3.30-4.30	8-14 Performance group	Mr. B. Clarke	Tennis*	Tennis Courts	3.30-4.30	8-14 Performance group	Mr. B. Clarke
						U13 / U14 Hockey	Pitches	3.30-4.30pm	9-10	Miss McNeill/Miss Craig
						Netball	Girls' Gym	3:30-4:45	9	Miss Cairns
Thursday AM	Athletic Development	Fitness Suite	7:30-8:30	11	Mr P Campbell					
Thursday PM	Athletic Development	Fitness Suite	3.20-4.30	9	Mr P Campbell	1 st XI Hockey	Pitches	3:30-5:00	11-14	Mrs Linford Paul Cooke Mrs Glass/Miss Craig Miss Cairns
	U14	Plateau	2.30-4.00	10	Mr D Ross/Mr D Baldwin Mr D McClelland	U13A / B Hockey	Pitches	3:30-5:00	9	

Thursday PM	Medallion Rugby	Plateau	3.30-5.00	11	Mr A Moore Mr J Nicholl Mr P Browne/Mr A Munce/Mr J Pedlow	Year 10 Netball	Girls' Gym	3:30-4:45	10	
	Year 12 Rugby									
	Tennis*	Tennis Courts	3:30-4:30	8	Mr B. Clarke	Tennis*	Tennis Courts	3:30-4:45	8	Mr B. Clarke
	Cross Country	Playground	3:30-5:00	8-14	Mr Turtle	Cross Country	Playground	3:30-5:00	8-14	Mr Turtle
Friday PM	Athletic Development	Fitness Suite	2.10-3.25	8	Mr P Campbell	Athletic Development	Fitness Suite	2.10-3.25	8	Mr P Campbell
Friday PM	Table Tennis	Boys' Gym	3:30-4:30	8-14 alternating through the year	Mr Huston	Table Tennis	Boys' Gym	3:30-4:45	8-14 alternating through the year	Mr Huston
	Tennis* &	Tennis Courts	3.30-4.30 Coaching	8-14 Performance players only	Mr B. Clarke	Tennis* &	Tennis Courts	3.30-4.30 Coaching	8-14 Performance players only	Mr B. Clarke
	Strength & Conditioning	Fitness Suite	4.30-5.15		Mr P Campbell	Strength & Conditioning	Fitness Suite	4.30-5.15		Mr P Campbell

Proposed activities taking place during the course of the year. Announcements will confirm when activities are running.

***Booked and paid through ParentMail**

Specific Competitions:

Activity	Year Groups	Teacher in Charge
Golf	8-14	Mr. Nicholl
Swimming	8-14	Miss Wylie
Football	8-14	Mr. Johnston