

## SWIPE “N” BITE AT LUNCHTIME

(Prices as at June 2018)

Bacon Roll (Stuffed) Bagel Filled (Hot)	Dessert & Custard	Pie (Homemade with pastry/potato topping)	Trifle Tub of Cheese
Baguette (Filled) - Hot	Dips/Stuffing	Pitta Bread (Filled) - Cold	
Baguette (Cold)	Double Decker	Pizza (Homemade)	
Baked Beans		Pizza (Mini)	Vegetable Hot Pot
Baked Potato	Egg Mayonnaise	Pizza (Square)	Vegetable Korma & Naan Bread
Baked Potato, Bacon & Cheese	Finn McCool Cookies Fish (Battered/Breaded)	Pork Chop, Gravy, Apple Sauce, Stuffing, Peach Slice	Vegetable Portion Vol-au-Vent
Bread (Assorted)	Fish Goujons Fresh Fish Cake	Profiteroles Quiche	Yoghurt
Beef Burger (Homemade) Beef Burger in a Bap	Fruit Salad	Rice Portion	
Beef Stroganoff	Gravy	Roast Beef/Chicken/Pork/ Lamb/Gammon & Pineapple	<b>Drinks</b>
Biscuit (Wrapped)	Hot Dog	Roast Potato (x1)	Celtic Water
Boiled Cake Butter/Flora Bap Floury ½ - Hot	Irish Stew	Sandwiches: Tuna & Mayo/Egg & Onion/Salad	Fruice/Pure Orange/ Apple Juice Radnor Flavoured River Rock Water 500 ml. Viva Flavoured Milk
Carrot Cake Cauliflower & Broccoli Bake	Jelly/Fruit/Ice Cream	Sandwiches: Chicken Salad/Ham Salad/Chicken/Ham/Turkey/ Turkey Salad/Ham & Cheese/BLT	
Chicken Chunks (x4) Chicken Crumble	Lasagne	Sauce Portion Sausage Sausage Roll	<b>Fruit</b> Fresh fruit selection available daily.
Chicken Goujon (x 2)	Macaroni Cheese	Sauté/Garlic/Diced Potato / Spicy Wedges	
Chicken Fillet Burger Chicken Fricassée	Meatballs Milk ½ pt.	Savoury Rice/Stir Fry Scone & Jam	<b>Daily Salad Bar</b>
Chicken Flan Chicken Kebab Chorizo + Smoked Haddock Paella	Milk 1 pt. Milk Pudding Muffin Filled Muffin – Blueberry/Chocolate	Shah Biscuit Shortbread/Flakemeal Biscuit Side Salad & Dressing	Small Tub

Chilli  
Chips  
Ciabatta - Hot

Omelette

Sixth Form Centre Tea/Coffee  
Soda & Bacon  
Soda, Bacon & Cheese  
Soup & Assorted Roll

Clementine

Noodles & BBQ Chicken/Beef

Spaghetti Bolognese  
Sweet & Sour Chicken/Pork  
(NO RICE)

Corn on the Cob mini  
Cheesecake

Panini ½

Creamed Potatoes x1

Pasta Bake

Toasted Sandwich ½

Curry (Chicken/Beef/Vegetable)  
(NO RICE)

Curry/Sweet & Sour Sauce

Custard Sauce

Tortilla Wrap Filled – Cold  
Tortilla Wrap Filled - Hot

## **BREAKFAST MENU**

Bacon Bagel

Apple – Green

Crusty Roll

Apple - Pink Lady

Muffin with Ham and Cheese

Banana

Hash Browns (3)

Fresh Fruit Salad

Healthy Cookie

Mandarin Orange

Pancake

Melon Slice

Porridge with Honey + Fruit Compote

Pineapple Skewer

Pure Apple Juice

Selection of Yoghurts

Pure Orange Juice

Strawberries

Sausage Bap

Tub of Grapes

Scone with Butter and Jam

Scrambled Eggs

Selection of Breakfast Cereals with Milk

Semi Skimmed Milk ½ pt.

Semi Skimmed Milk 1 pt.

Smoothies –

    Strawberry and Banana

    Orange and Mango

Tea/Coffee       - Small

                    - Large

Toast with Butter x 1 slice

Toasted Cinnamon and Raisin Bagel (½)

## **BREAK TIME MENU**

Bagel (½) (toasted)

Cocktail Sausage x 5

Flatbread Pizza

Jambon Cheese & Ham

Muffin (½) Spicy Tomato & Cheese  
Ham and Cheese

Muffin (Homemade)

Oatmeal Cookie

Pancake (Small)

Scone

Scone (½) Butter and Jam

Toast with Butter (1 slice)

Yoghurt – Frubes

Yoghurt – Small

## **Drinks**

Calypso – Apple/Orange

Fruice – Apple/Orange

Fruice Cranberry 330 ml.

Milk - ½ pt.  
1 pt.

Princess Apple/Orange

Suso – Berry/Orange

Viva 200 ml. Flavoured Milk

Water 330 ml. (Randor)

Water 500 ml. (Celtic)

Water 500 ml. (River Rock)

Yazoo

## **Fruit**

Apple – Green (Small)

Apple – Pink Lady/Gala/Granny

Banana

Clementine (Small)

Grapes (Tub)

Kiwi

Melon Slice

Peach / Nectarine

Pear

Pineapple Skewer

Plum

Strawberries

Tubs – Mandarin/Pineapple/Peach