

Home Economics

The BIG Picture

Year 8



Term 1

- What is Home Economics?
- Hygiene and Safety - www.foodsafety.gov
 - Kitchen Equipment
- Preparing and Cooking food
 - Healthy Eating
 - Nutrients
- Packaging and Labelling - www.food.gov.uk

Term 2

- Food Storage - www.foodlink.org.uk
 - Time management



Term 3

- Breakfast - www.nutrition.org.uk
 - Lunches
 - Evening Meals
 - Food on the go

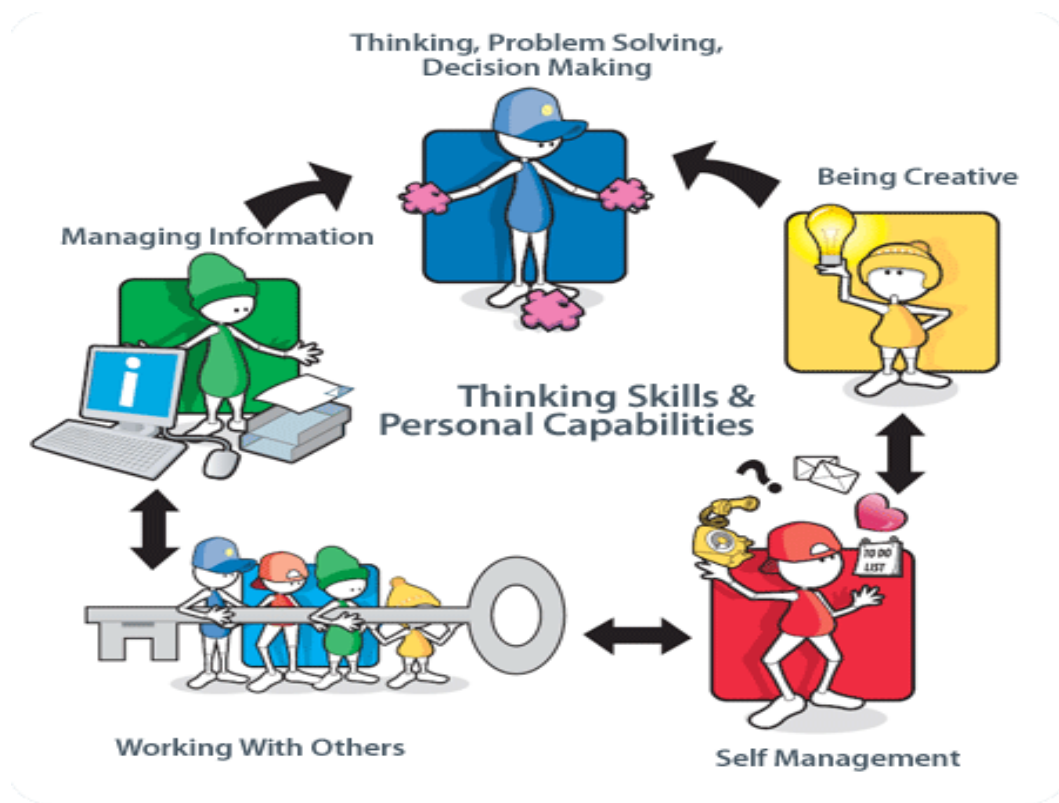


What will I be cooking?

Soda bread pizza
Leek and Potato Soup
Yoghurt cake
Raspberry buns

Snowballs
Scones
Omelette
French apple tart

What Skills and Capabilities will I be developing and using in Home Economics?



Assessment for Learning?

In Year 8 this will involve:-

Written homework, topic tests, self - review, peer assessment, practical and written examinations

What must I bring to class?

A4 file, file paper, pencil case, learning organiser and an apron

What opportunities will be provided for ICT?

ICT will be included in:-

- Hygiene and Safety
- Packaging and labelling
- Meals and Meal Planning

